



INDEPENDENT CATERING | EDUCATERLIMITED

WEEK

1

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 1 JUNE	TUESDAY 2 JUNE	WEDNESDAY 3 JUNE	THURSDAY 4 JUNE	FRIDAY 5 JUNE
Mac n' Cheese & Garlic Bread (1,9,11) (May Contain 8)	Chicken Meatballs Served in a Tomato Sauce (1) (May Contain 10)	Roast Turkey with Stuffing and Gravy (1)	Beef Chilli & Nachos (May Contain 1,11)	Breaded Fish (1,4)
Chickpea Korma with Rice and Naan Bread (1) (May Contain 11) VEGAN	Lentil Meatball in a Tomato Sauce (1,7)	Butternut Squash & Mixed Bean Turnover (1) VEGAN	Quorn Chilli & Nachos (8) (May Contain 1,11) VEGAN	Courgette & Sweetcorn Fritters (1) Try our Ingredient of the month
Fresh Basil Pasta (1)	Vegetable Ragu Twirls (1)	Mixed Pepper Pasta (1)	Creamy Tomato Pasta (1,9)	Arrabiata Pasta Twirls (1)
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Green Beans Fresh Salad Bar	Jacket Wedges Sweetcorn and Salad Bar	Roast Potatoes, Fresh Carrots and Cabbage	Savoury Rice Broccoli & Salad Bar	Chips, Garden Peas and Salad Bar
Oaty Apple & Berry Crumble with Custard (1,9) (May Contain 7,8)	Fresh Strawberry Jelly	Pineapple Upside Down Sponge and Custard (1,7,9) (May Contain 8)	Tutti Frutti Thursday	Cherry Oaty cookie (1,14) (May contain 8)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH
5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS
9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAWUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER, WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE



4 CHOICE MENU

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