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Inspiring a love of learning

10th September 2025

Dear Parents and Carers,

Re: Nut-Free School Policy

We are writing to inform you that Victoria Road Primary School is aiming to be a **nut-free school** in order to provide a safe learning environment for all our pupils.

How would you feel if it was your child?

We have always aimed to be a nut-free school because we have a number of children in the school who have **severe nut allergies**, which can lead to **life-threatening allergic reactions (anaphylaxis)**. Even trace amounts of nuts can trigger a serious reaction, and as a community, we must work together to reduce this risk as much as possible.

What This Means

We kindly ask that you **do not send your child to school with any food products that contain nuts or nut-based ingredients**. This includes:

- Peanut butter or chocolate spread (Nutella) sandwiches or other products e.g. chocolate spread pancakes
- Cereal bars containing nuts
- Cakes, biscuits, or snacks that contain nuts
- Nut-based spreads or dips
- Any other products that list nuts in the ingredients e.g. marzipan



We also encourage you to **check packaging carefully** when preparing your child's snacks and lunches. If a product states "*may contain traces of nuts*", it is not necessary to avoid it, but please use your judgment and aim to minimise any potential risks.

Working Together for Safety

We understand that this may be an adjustment for some families, but the health and safety of all our students must remain our top priority. Your support in helping us maintain a nut-free environment is essential and deeply appreciated.

If you have any questions or concerns about this policy, or if your child has specific dietary needs, please contact the school office or your child's class teacher.

Thank you for your understanding and cooperation.

