



# The 6 Principles of Nurture at Victoria Road

As I am sure you will agree, at Victoria Road Primary School, we strive to be a 'nurturing school' as we strongly feel that happy, safe and nurtured children, learn best. We feel we already do this well, with Ofsted recently agreeing that we are an 'inclusive and caring school where pupils have positive relationships with staff and each other'. They agree that pupils here feel 'happy and safe' and we are proud of this philosophy at our school.

As we hold nurture so highly in our ethos, we are currently working with Nurture UK to develop some key nurture principles and ensure these are fully embedded in all areas of school life.

## **What is Nurture:**

Nurture refers to the care and attention that children are given while they are growing and developing. This helps to give them emotional resilience.

Nurture focuses on the people around a child and not the features that they were born with as well as the environment in which they are surrounded.

## **6 Principles of nurture:**

This year we will be focusing on nurture and teaching the children the importance of overall well-being on their own development. We will also be looking at supporting parents and families and trying to get out into the community as much as possible.

This term we will launch this by introducing the children to the 6 Principles of Nurture. We will be familiarising the children with each of the principles in turn, each week starting with a Monday morning assembly and then a class based activity to truly understand the principle and how this can influence our well being and learning in school.

## What are the 6 Principles:

We have written these principles into child friendly versions and wanted to share them with you so you can hopefully support at home.

### 1. Children's learning is understood developmentally



We all learn in different ways

### 2. The classroom offers a safe base

We feel safe in school



### 3. The importance of nurture for the development of well being



Our wellbeing is valued

### 4. Language is a vital means of communication

We use our words to talk about how we feel



### 5. All behaviour is a form of communication. our behaviour can show how we are feeling



Our behaviour can show how we are feeling

### 6. The importance of transitions in children's lives we are prepared for changes

We are prepared for changes

