

Actions for Sounds List



Phase 3

j Scoop jam from a jar using two fingers, spoon to your mouth



v Pretend to steer with an imaginary steering wheel



w Extend fingers on both hands, place one in front of the other



x Draw your hand away from your face to mime a long snout



y Cup your hands around your mouth and pretend to shout



z Zip up an imaginary jacket



zz Pinch three fingers on one hand and bob them up and down



qu Place an imaginary crown on your head with a domed hand



ch Make a chopping action with one hand on your opposite palm



sh Pretend to listen to a shell at your ear



th Cross your hands over each other and flap them like wings



Actions for Sounds List



ng

Put a crown on your head with domed hand and stroke a beard



ai

Cup one hand over opposite fist and extend two fingers on fist



ee

Curl your fingers in loops at either side of your head



igh

Place prayer hands on the side of your head like a pillow



oa

Make the outline of a rowboat with your arms



oo (long)

Pretend to spoon food into your mouth



oo (short)

Mime opening a book with your hands



ar

Make twinkly stars in the air by opening and closing your fists



or

Mime spearing food on a fork and lift to your mouth



ur

Ripple your arm in front of you like a wave



er

Mime climbing a ladder with your hands



ow

Cup your hands in circles around your eyes



Actions for Sounds List

oi

Rub your fingers together above your palm, like sprinkling dust



ear

Cup your ear with one hand and pretend to listen hard



air

Clasp hands in fists in front of you and pretend to lift a chair



ure

Hold your nose and waft your hand in front of your face

